

# October 2023 SHELTER ISLAND PUBLIC LIBRARY MONTHLY EVENTS



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## FROM THE DIRECTOR: FALL FAVORITES

October is one of our favorite months at the library. While we miss the hustle and bustle of summer, the cooler days and fall programs make it a great month to hang out at the library. This month we lend a helping hand to others during the Great Give Back and have all kinds of fun with the Spooky Walk. The kids have lots going on at school, but we still see them regularly as they come for Crafternoon or for the relaxing Wholesome Hour program. All of the regular adult groups are still meeting at the library, enjoying Mah Jongg, French conversation, philosophical discussion, poetry and book talks. If you haven't been by the library recently, please drop by to say hello and take part in one of our many activities.

Terry Lucas, Library Director

## WHAT'S GOING ON WITH THE RENOVATION AND EXPANSION?

While you may not see any active construction, be assured that there is a lot of preparation happening behind the scenes. We are working with the architects to finalize the design of the library so that it meets the needs of the community and the staff. We are also working with financial advisors as we pursue financing. There is still a great deal of "invisible work" to do before the shovels hit the ground but we are headed in the right direction to bring you a wonderful new space!

## THE GREAT GIVE BACK

Each year, libraries around New York State engage in a day of service, giving back to the communities that support them. This year, we will be supporting Maureen's Haven, an organization that assists homeless men and women with supportive services and a safe place to stay during the winter months. Starting on **October 1st**, we will be collecting toiletries and new socks. On **Saturday, October 21st**, join us as we put together toiletry kits and package the donations for delivery to Maureen's Haven.



## LIBRARY SPOOKY WALK

The Library Spooky Walk is back in time for Halloween. It will be ready to scare on **Tuesday, October 31st** for one day only! Our haunted halls will be open from 11:00am to 6:45pm. As always, our Spooky Walk may feature flashing lights and some frightening scenes. Please remember that there will be no programs on **Monday, October 30th** as we set up for it.

## FALL READING CHALLENGE: BINGO! October 10th - November 17th

It's time for some fall reading fun! Maybe you will fall in love with a new genre, author or book! To play, pick up your Bingo card at the Circulation Desk. Complete the challenges in a horizontal, vertical or diagonal line, or each of the four corner squares. If you are really up for a challenge, see if you can complete the entire board! Turn your board in for a cute seasonal surprise!



## BOOK SALE ROOM

We are accepting gently used book donations for the Book Sale Room and our Free Book Cart. Please leave all donations in the Book Sale Room. We are asking that you leave no more than one box of books per month. Please, no magazines, textbooks or books in poor condition.



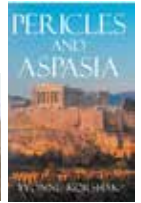
# PROGRAMS FOR ADULTS

To register for Adult Programs please go to [www.silibrary.org](http://www.silibrary.org) and scroll down to our Calendar of Events. This month we will be offering programs for both adults and children in a variety of formats. So, when you read your newsletter, please pay attention to the icons next to the program descriptions. If you follow this key, you will be sure to show up in the right place, either in person or remotely, to enjoy our programs to the fullest.

## FRIDAY NIGHT DIALOGUES

**PERICLES AND ASPASIA: A STORY OF ANCIENT GREECE:** Friday, October 6th, 7:00pm 🏠

Yvonne Korshak, an art historian and author of *Pericles and Aspasia: A Novel of Ancient Greece*, will discuss aspects of the arts, archaeology and the formation of democracy in the Golden Age of Athens. There will be time for discussion and questions about those "little things" that make the truths and textures of the ancient world vivid.



## THE LEAK: POLITICS, ACTIVISTS, AND LOSS OF TRUST

**AT BROOKHAVEN NATIONAL LABORATORY:** Tuesday, October 3rd, 7:00pm 🗣️

Peter Bond will present the story told in his book *The Leak* that captured headlines 25 years ago. The discovery of a leak at Brookhaven National Laboratory ignited a political and media firestorm. Bond's story is full of vivid characters, dramatic twists and turns, and sensational headlines in ways that bring to mind many of today's events. Mr. Bond is a retired physicist who worked at Brookhaven National Laboratory for 43 years.



**DNA TESTING: PROS AND CONS:** Thursday, October 5th, 6:00pm 🗣️

Eric Migdal of *It's All Relative Genealogy*, will look at 4 of the largest DNA testing companies. He will cover Y-DNA, mitochondrial DNA and autosomal testing. The differences, pros, and cons of each type of testing, including analysis of data, pricing and subscription costs will be discussed. Find out more about what your DNA can reveal.

**LONG ISLAND DURING THE AMERICAN REVOLUTION:** Wednesday, October 11th, 7:00pm 🗣️

Long Island was the last place occupied by the British during the Revolution. Learn about the Battle of Long Island and the British occupation during the American Revolution in an online lecture by historian, author, and retired Newsday reporter, Bill Bleyer.

## MEDICARE MADE CLEAR - AN EDUCATIONAL PRESENTATION WITH ANDREA RODRIGUEZ,

**SUPPLEMENT SPECIALIST:** Tuesday, October 17th, 12:00pm 🏠

Learn more about the Medicare changes for 2024: Medicare A, B, C and D, Medicare Supplements and Medicare Advantage Plans. Andrea will discuss enrollment periods and other available resources. Ms. Rodriguez has been sharing her knowledge about Medicare for over 18 years and will be available to take your questions at the end of the program. **This event is only for educational purposes and no plan-specific benefits or details will be discussed.**

**BREAST CANCER AWARENESS:** Thursday, October 19th, 12:00pm 🗣️

October is Breast Cancer Awareness Month. Dr. Edna Kapenhas, who leads the breast surgery and breast surgical oncology program at Stony Brook Southampton Hospital and also the Medical Director of the Ellen Hermanson Breast Center, will speak about the risk factors, warning signs, and treatment options that are available to patients diagnosed with breast cancer.

## UNLOCKING THE CONNECTION: HOW IMPROVING SLEEP CAN IMPROVE DEMENTIA SYMPTOMS

Thursday, October 26th, 6:00pm 🗣️

The connection between sleep and dementia symptoms is fascinating. By improving sleep, we can help our brains function more efficiently and effectively, which can lead to improved cognitive function and a better quality of life for those with dementia. *Willing Hearts, Helpful Hands* is a community service of Parker Jewish Institute for Health Care & Rehabilitation.

**HOW DO I PLAN FOR LONG TERM CARE NEEDS?:** Monday, October 30th, 1:00pm 🗣️

Join Britt Burner, Esq., Partner at Burner Prudenti Law, P.C as she explains the short term care scenarios that Medicare will cover and the options for long term care such as Homecare (Community) Medicaid, allowing you or a loved one to successfully age in place at home.

**TAI CHI WITH DENISE GILLIES:** Wednesdays, October 4th & October 18th, 5:00pm 🗣️

Tai Chi is an ancient Chinese health practice that provides a wide range of mind/body benefits. Denise Gillies has a teaching style that is relaxed, enthusiastic and designed to leave you feeling energized.

**KNITTING WITH ASHLEY:** Monday, October 16th, 5:30pm 🏠

Ashley Edmund is a fiber artist with years of experience in an array of techniques. She is excited to share her passion for knitting with her fellow Shelter Islanders.

**ORIGAMI WITH MARIANNE:** Wednesday, October 18th, 10:30am 🏠

ORIGAMI is a bit like magic in that one may transform a single sheet of paper into a work of art. It is a meditative art form that has been practiced for over 1,000 years. In this class we'll begin by learning basic folds to make simple models. Join us to experience the "Peace of Paper" led by Shelter Islander Marianne Baird.

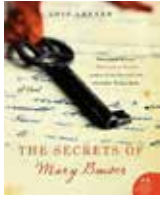
# PROGRAMS FOR ADULTS

## BOOK CLUBS

**SHELTER ISLAND LIBRARY BOOK CLUB:** *The Secrets of Mary Bowser* by Lois Leveen

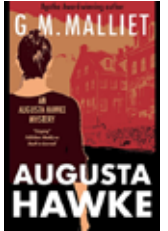
Tuesday, October 10th, 4:30pm 🏠

The Shelter Island Book Club, led by Suzanne Louer, reads works of fiction and nonfiction with an emphasis on well-regarded contemporary fiction. An unforgettable story of a woman who risked her own liberty to bring freedom to millions of others, *The Secrets of Mary Bowser* is based on the true story of a freed enslaved woman who returned to Virginia at the onset of the Civil War to spy on the Confederates.



**MYSTERY BOOK CLUB:** *Augusta Hawke* by G.M. Malliet: Monday, October 30th, 5:30pm 🗣️

The Mystery Book Club, run by Jessica Montgomery and Jocelyn Ozolins, reads everything from classic mysteries to thrillers. Successful crime writer Augusta Hawke has been living vicariously through the characters of her novels until a real-life police detective shows up investigating the disappearance of her neighbors.



**COOKBOOK CLUB:** *Pie Party!*: Wednesday, October 25th, 5:00pm 🏠

Sweet and Savory. Hot and Cold. Sweet pies get a lot of credit in this category but pies are not just for dessert! With the holiday season just around the corner, everyone loves bringing a pie to share with friends and family. This includes everything from a delicious breakfast treat to a traditional after dinner dessert. Let's get together and share some of our favorite pie recipes. Bring your dish and a copy of your recipe and join us for an evening of delicious food and good company.

## ADULT CRAFTS

**DIY FALL LEAF BOWL:** (Take and Make Craft for Adults)

Pick Up October 17th - Saturday, October 21st 📅

October is a perfect time of year for fun and easy fall crafts to get your creative juices flowing. Your take and make kits will provide you with the tools and instructions needed to create your own uniquely designed fall themed bowl made of leaves! Supplies are limited so be sure to register early.



**SEASONAL SPLENDOR ROOM REFRESHNERS!:** Wednesday, October 25th, 12:30pm 🏠

Join Holly to make a seasonal spray that will enhance your holiday celebrations.

## SHAKESPEARE IN COMMUNITY ONLINE

**CORIOLANUS:** Saturday, October 28th, 12:30pm 🗣️

*Coriolanus* is based on the life of the legendary Roman leader Caius Marcius Coriolanus. Shakespeare worked on it during the same years he wrote *Antony and Cleopatra*, making them his last two tragedies.



## WEEKLY PROGRAMS

**MAH JONGG:** Mondays, October 2nd, 16th & 23rd, 10:00am 🏠

Come join a friendly group of Mah Jongg enthusiasts. No need to be an expert, just join the fun and learn as you go.

**ART/RICH POETRY ROUNDTABLE, A LITERARY CLUB**

October 3rd, 10th, 17th & 24th, 4:00pm 🏠 🗣️

The Art/Rich Poetry Roundtable welcomes readers of poetry who enjoy meeting with fellow lovers of poetry for a lively discussion. Bring a poem and your enthusiasm. This program will take place both in person and on zoom.

**INTERMEDIATE FRENCH CONVERSATION:** Thursdays, October 5th, 12th, 19th & 26th, 11:00am 🏠 🗣️

Would you like to improve your French conversation skills? In this program we will have a weekly discussion on a wide range of topics. We watch movies, listen to podcasts, read books and even have presentations. Alix Shearer (native French speaker and Shelter Islander) will facilitate. This program will be offered as a hybrid program, both in person and on Zoom.

**THE BASICS OF PHILOSOPHY:** Fridays, October 6th, 13th, 20th & 27th, 10:00am 🏠

Please join us for a philosophy discussion roundtable. Our topics will range from God, art, politics, mind, appearance/reality to truth. Anyone is welcome who would like to engage in Socratic dialogue on questions that get to the fundamental human experience. All are welcome, whether you are sixteen or ninety.

You may register for all programs at [www.silibrary.org](http://www.silibrary.org).

# PROGRAMS FOR CHILDREN AND FAMILIES

Please register for all programs on our website [www.silibrary.org](http://www.silibrary.org). Take & Make quantities are limited. Spaces are limited for all in-person programs.

## FAMILY PROGRAMS

### A PARENT'S GUIDE ON HOW TO PAY FOR COLLEGE PRESENTED BY MY COLLEGE PLANNING TEAM:

Wednesday, October 11th, 7:00pm - For teens and parents 

This webinar will introduce financial aid options and focus on some of the college planning mistakes families should avoid. It will also reveal techniques to reduce the Expected Family Contribution (EFC) with the new FAFSA rules that can save thousands on college costs.

Register in advance here: <https://bit.ly/suffolk10>

### LIBRARY SPOOKY WALK: All ages are welcome

Tuesday, October 31st 

The Spooky Walk is back! Come by on Halloween to creep through our frightening house of horrors, if you dare. As a reminder, the spooky walk may feature flashing lights and frightful scenes.

## EARLY CHILDHOOD PROGRAMS

### TODDLER TIME (formerly Sensory Hour): Ages: 0-5

Every Tuesday at 10:00am except October 31st

Come to the library and enjoy some of our developmental toys and have fun with friends!

### MONDAY STORY TIME: Ages: 0-5

Mondays at 10:00am except Monday, October 9th and October 30th

Super special story time with Mary on Monday mornings in October.

### STORY TIME: Ages: 0-5

Saturday October 7th and 21st, 10:30am

Join Sara at the library for our fun weekend Story Time!

### MASKING TAPE MUMMY: Ages: 2-5

Saturday, October 7th, 1:00pm

We're making spooky mummies! This cute craft is perfect for developing motor skills.

### POPSICLE STICK HAUNTED HOUSES: Ages: 2-5

Pick up your kit between Tuesday, October 10th and Saturday, October 14th

Make your own haunted house with this kit. A perfect craft for a cool autumn evening or rainy day.

### TISSUE PAPER CANDY CORN: Ages: 2-5

Saturday, October 21st, 1:00pm

Our candy corn decoration is sure to bring a little autumn cheer into your home. Come make a craft with friends!

## CHILDREN'S PROGRAMS

### CRAFTERNOON: Ages: 5+

Every Monday except Monday, October 9th and October 30th

We're making crafts! Every Monday at 2:30pm we'll have a different drop-in craft, perfect for an after-school break.

### HAUNTED HOUSE PAPER CRAFT: Ages: 6+

Pick up your kit between Tuesday, October 3rd and Saturday, October 7th

This is a spooktacular craft which allows you to create your own shadowbox style haunted house.

### PIPE CLEANER PUMPKINS: Ages: 6+

Thursday, October 5th, 3:00pm

Love pipe cleaners? Come make pipe cleaner pumpkins with us! They're simple to make and absolutely adorable.



### FRANKENSTEIN MARSHMALLOWS: Ages: 6+

Thursday, October 19th, 3:00pm

We're dipping marshmallows in melted chocolate and creating Frankenstein marshmallows! Yum!

### HAUNTED WINDOW GHOST: Ages: 6+

Pick up your kit between Tuesday, October 24th and

Saturday, October 28th

This craft is a great way to bring a few frights and delights to your day.

### SPOOKY CUPCAKES: Ages: 6+

Wednesday, October 25th, 3:00pm

Decorate the creepiest, spookiest, weirdest cupcakes with us!

## TWEEN/TEEN PROGRAMS

### COSTUME WORKSHOP: Ages: 10+

Tuesday October 3rd and October 24th, 3:00pm

Looking to work on your costume for Halloween or just learn about making costumes in general? Bring your current project to the library and we'll work on it together using simple sewing techniques. Hot glue and craft supplies will be available.

### BOOK NOOKS: Ages: 10+

Wednesday, October 4th, 3:00pm

But Sara, what's a book nook? A book nook is a little miniature diorama that you can nestle onto your bookshelf. We'll have plenty of supplies for you to create your own little world.

### WHOLE SOME HOUR: Ages: 10+

Fridays from 4:00-5:00pm throughout October

Need an hour to decompress? Come listen while we read an hour of a book in our zen space. This is a quiet hour to listen, work on homework, color, or just use the space to relax. Snacks and beverages will be provided.

### BLACK LIGHT PAINTING: Ages: 10+

Wednesday, October 18th, 3:00pm

We're painting with black lights! We'll have super cool neon paints, canvases, and will have our community room decked out with black lights to show off your artwork.

### TWEEN GRAPHIC NOVEL BOOK CLUB: Ages: 10+

Wednesday, October 18th, 5:00pm

Welcome back to our graphic novel book club! We'll be discussing potential books for November and December, talking about what we've read over the summer and enjoying snacks.

### MOVIE DAY: Ages: 10+

Thursday, October 26th, 4:00pm

It's movie day! We'll be munching on popcorn and enjoying a flick with friends. Please see Sara for more information.

KEY:  = in-person outdoors  = Zoom  = Take and Make  = Inside