

August 2023 SHELTER ISLAND PUBLIC LIBRARY MONTHLY EVENTS

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CHANGES

August is here and promises many long, hot days with time to read on the beach, explore the Island and enjoy the many activities presented by the library. We have loved playing host to many of you this summer, especially so many new little ones. The busy children's space makes us more grateful than ever that we will be able to expand soon to make more room for your children as they grow.

Terry Lucas, Library Director

COMMUNITY FEEDBACK SESSION



On August 3rd at 6:00pm, our architects, Todd Harvey and Christopher Sepp, will be available to talk about the plans for the expanded library. Before finalizing the plans, we would like to hear what you think. Your input will allow us to create a library that reflects the needs of the community.

SHELTER ISLAND LIBRARY TENNIS TOURNAMENT

The Shelter Island Library Tennis Tournament is back! The tournament kicks off on Saturday, August 19th. This event was started by Jerry Berner in the mid 1990s and was brought back to life in 2018. This is a round robin tournament as Men's, Women's and Mixed Doubles teams compete for bragging rights and prizes! The tournament starts at 8am and spectators are welcome. The entry fee is \$250 per team or, if you are not a player but want to support this fundraiser for the library, you can make a donation of \$100 and have your name appear on the t-shirt. You can come by the library to register, or access the registration materials on the website and mail in the paperwork, or visit <https://siptennis2023.eventbrite.com>. Many thanks to our sponsors Moussa Drame, Walter Richards, Stars Café, Alex Bonheur and The Flying Goat Restaurant.



DIGITAL MADNESS

Does it seem like our kids are addicted to their phones? Join us at 7pm on Friday, August 25th, in person or on Zoom, to hear Dr. Nicholas Kardaras, one of the country's foremost addiction experts. Dr. Kardaras will be speaking about his new book, *Digital Madness: How Social Media is Driving Our Mental Health Crisis and How to Restore Our Sanity*. Dr. Kardaras will explain the social and psychological impacts of overdependence on technology. He will offer solutions, with techniques that encourage resilience and critical thinking. We are pleased to offer this program in collaboration with the Shelter Island Health and Wellness Alliance and the East End libraries. We are grateful to the Shelter Island Senior Citizens Foundation for their support.

ADULT SUMMER READING PROGRAM - READ THE WORLD:

Saturday, June 24th - Saturday, August 19th. Raffle drawing Saturday, August 19th, 3:00pm

This summer's reading program will highlight literary destinations around (and beyond) the world. Sign up and enjoy weekly prize drawings as well as raffle entries to win one of three grand prize baskets of travel themed goodies! Join us to celebrate and see who wins the grand prizes on **Saturday, August 19th at 3:00pm**.



SUMMER LIBRARY TOUR: July 1st - August 31st

We know you love the Shelter Island Public Library but have you visited any other Suffolk County libraries? This summer you can tour other public libraries and have the chance to be entered into an exciting raffle. Pick up your Summer Tour booklet, collect library stamps, see new sites, and learn some Long Island history. All raffle tickets must be submitted by August 31st and will be drawn on Friday, September 8th.



BOOK SALE ROOM

We are accepting gently used book donations for the Book Sale Room and our Free Book Cart. Please leave all donations in the Book Sale Room. We are asking that you leave no more than one box of books per month. Please, no magazines, textbooks or books in poor condition.

NEWSLETTER KEY

This summer we are offering programs for adults and children in a variety of formats. So when you read your newsletter, please pay attention to the icons next to the program description. If you follow this key, you will be sure to show up to the right place, either in person or remotely, to enjoy our programs to the fullest.



= in-person outdoors



= Zoom



= Take and Make



= Inside

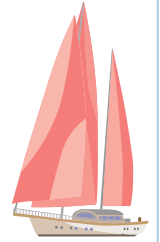
PROGRAMS FOR ADULTS

To register for Adult Programs please go to www.silibrary.org and scroll down to our Calendar of Events. This month we will be offering programs for both adults and children in a variety of formats. So, when you read your newsletter, please pay attention to the icons next to the program descriptions. If you follow this key, you will be sure to show up in the right place, either in person or remotely, to enjoy our programs to the fullest.

FRIDAY NIGHT DIALOGUES

YACHT (CLUB) ROCK WITH DAVID BROWNE AND TOM JUNOD: Friday, August 11th, 7:00pm 🏠

Do you like Pina Colodas? Then Come Sail Away With the History of Yacht Rock: From a recent documentary to an entire Sirius XM channel devoted to it, everyone is talking about Yacht Rock, otherwise known as the soft rock of the '70s and '80s. But what exactly is Yacht Rock, why is it suddenly popular, and who is the King—Kenny Loggins or Michael McDonald? David Browne and Tom Junod set sail for a provocative discussion on how a once-dismissed genre suddenly became Hip (To Be Square).



AN EVENING WITH NICHOLAS KARDARAS, AUTHOR OF DIGITAL MADNESS: Friday, August 25th, 7:00pm 🏠 🗣️

Acclaimed psychologist and author of *Digital Madness: How Social Media is Driving Our Mental Health Crisis - and How to Restore Our Sanity*, Nicholas Kardaras PhD, will share his analysis of the social and psychological impacts of overdependence on technology and suggest steps toward a happier, healthier future without constant reliance on devices. This program is co-sponsored by the Shelter Island Health and Wellness Alliance and the East End Libraries.

FALL POLLINATOR GARDENS: Thursday, August 3rd, 7:00pm 🗣️

Participants will learn which plants like to be planted or seeded in fall and what they will attract the following year. An East End Libraries Event hosted by the North Shore Public Library.

A TOUR OF TAYLOR'S ISLAND: Wednesday, August 9th, Meet at the Library, 10:00am 🏠

Join us for our annual visit to Taylor's Island to see the historic Smith-Taylor Cabin, built around 1900. Bring a picnic lunch and wear good walking shoes. Registration is required for this popular program and space is limited. Transportation will be provided.

LOWERING PRESCRIPTION DRUG COSTS: Wednesday, August 16th, 1:00pm 🗣️

This workshop will provide you with information on the demographics of prescriptions in the U.S. today, prescription safety and how to reduce the cost of medications. The Senior Services of North America will provide this workshop so you can learn how you may save money on your prescriptions. An East End Libraries Event hosted by the Shelter Island Public Library.

NEW YORK STATE SAFE BOATING COURSE: Tuesday, August 15th & Wednesday, August 16th, 5:00pm-9:00pm 🏠

Harbormaster Peter Vielbig will hold two four-hour sessions. You need to attend both sessions to get your certification and be 10 years old as of the date of the class. Students 18 and over pay a \$10 fee to NYS. Please bring a snack, paper and pen. All textbooks and other materials are provided at no charge. Two short breaks will be provided. Students successfully completing the course will receive a temporary certificate, a permanent card will follow. Prospective Students can register online at: <https://www.register-ed.com/events/view/201052>

TICK-BORNE DISEASE - WHAT YOU NEED TO KNOW!: Wednesday, August 30th, 5:30pm 🏠 🗣️

Jerry Simons, PA-C, a member of the Medical Advisory Panel of Stony Brook Southampton Hospital's Regional Tick-Borne Disease Resource Center, and an Assistant Professor at Stony Brook Medicine, will speak about the types of diseases that are carried by the different species of ticks found on Eastern Long Island, and the symptoms, diagnostic tests, and treatment options that are available. Tips on preventing tick bites will also be shared.

TAI CHI WITH DENISE GILLIES: Wednesdays, August 2nd & 16th, 5:00pm 🗣️

Discover this ancient art of well being. This class is designed to welcome beginners as well as practiced students. It is a combination of Tai Chi, Qigong and meditation. Instructor Denise Gillies has been teaching for over 12 years on the East End of Long Island.

COMMUNITY CHESS: Saturday, August 5th, 12th, 19th & 26th, 2:00pm 🏠

Join avid chess players Johnny Dawson and his grandfather Jonas Gayer for this community chess program. This program is for all age groups and skill levels. Come share your passion for the game of Chess!

BATTLE OF THE BRAINS WITH BOB DESTEFANO: Thursday, August 10th, 5:00pm 🏠

Trivia Master Bob DeStefano returns with another round of "Battle of the Brains". Test your knowledge in a wide variety of subjects against that of your neighbors. We always have a great time!

ADULT CRAFTS

DIY PIPE CLEANER BOWLS: Friday, August 11th, 1:00pm. (Program for all Ages) 🏠

Have you seen the bowl at the front desk made entirely out of pipe cleaners? Come to this program and you can learn how to make your own! This is a nice, chill craft that uses weaving and the bright colors of pipe cleaners to make a fun bowl.



DIY BEACH CANDLE CENTERPIECE: Tuesday, August 15th, 11:00am 🏠

Join us to create a beautiful centerpiece for your indoor or outdoor table! **Space is limited and registration is required.**

MOSAIC WORKSHOP WITH GABRIELLA GRAMA: Saturday, August 26th, 1:00pm 🏠

Join Long Island Mosaic Artist Gabriella Grama for a fun and creative experience making a resin shell mosaic wave. All materials will be provided to you. You will create the panel by using shells, glass, crushed glass, and resin. **Space is Limited.** Registration for this program is required and there will be a \$20 materials fee collected upon registration at the Circulation Desk.

KEY: 🌳 = in-person outdoors 🗣️ = Zoom 🏠 = Take and Make 🏠 = Inside

PROGRAMS FOR ADULTS

BOOK CLUBS

SHELTER ISLAND BOOK CLUB: *Shrines of Gaiety* by Kate Atkinson: Tuesday, August 8th, 4:30pm 🏠

The Shelter Island Book Club, led by Suzanne Louer, reads works of fiction and nonfiction with an emphasis on well-regarded contemporary fiction. Set in London during the Jazz Age this story centers on the infamous London nightclubs in Soho owned by Nellie Coker (loosely based on Kate Meyrick, the 1920's London nightclub proprietor) and her son Niven, who has returned from fighting in World War I.



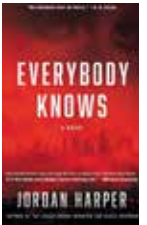
COOKBOOK CLUB: *Happy Birthday Julia Child! An Evening of French Cuisine:* Wednesday, August 23rd, 5:00pm 🏠

August 15th marks Julia Child's birthday and this month we will celebrate the remarkable cooking teacher, author and television personality by selecting a recipe from/or inspired by one of her cookbooks. You are welcome to bring your favorite French Cuisine as well. Bring your dish and a copy of the recipe and join us for an evening of delicious food. Bon Appetit!



BARBARA PYM BOOK CLUB: *The Adventures of Miss Barbara Pym* by Paula Byrne: Saturday, August 26th, 2:00pm 🗣️

This is the final meeting of the Barbara Pym Book Club, run by Terry Lucas. This brilliant biography, full of Pym's private diaries and intimate letters, offers an insight into Barbara Pym's life and how it informed her writing. It shows how, with a little help from her most ardent fans and friends, her work eventually resurfaced, meeting new readers and bringing her acclaim in the last years of her life.



MYSTERY BOOK CLUB: *Everybody Knows* by Jordan Harper: Monday, August 28th, 5:30pm 🗣️

The Mystery Book Club run by Jessica Montgomery and Jocelyn Ozolins reads everything from classic mysteries to thrillers. Mae Pruitt is a publicist for one of Los Angeles' most powerful and sought-after crisis PR firms protecting the rich, powerful and depraved by any means necessary. After her boss is gunned down in a random attack, Mae takes it upon herself to investigate and finds herself on a wild joyride through Los Angeles.

GREAT DECISIONS

IRAN AT A CROSSROADS: WHAT IS THE FUTURE FOR RELATIONS BETWEEN IRAN AND THE U.S.?

Monday, July 31st, 5:30pm 🏠 🗣️

By the fall of 2022, Iran was in a state of turmoil. Many Iranians have lost hope of a better future, and the country seems at a crossroads. How should the United States deal with it?

THE U.S., RUSSIA AND UKRAINE: Thursday, August 17th, 5:30pm 🏠 🗣️

Peter Pettibone is an arbitrator and mediator with over 40 years of international law firm experience. In that capacity, he worked in both Russia and Ukraine. Mr. Pettibone will share his vast knowledge of Russia and Ukraine with us.

SHAKESPEARE IN COMMUNITY ONLINE

LOVE'S LABOUR'S LOST: Saturday, August 26th, 12:30pm 🗣️

One of Shakespeare's early comedies, *Love's Labour's Lost* follows the story of four young men who fall in love against their will. The play revolves around love and each of the character's attempts at courtship.

WEEKLY PROGRAMS

MAH JONGG: Mondays, August 7th, 14th, 21st & 28th, 10:00am 🏠

Come join a friendly group of Mah Jongg enthusiasts. No need to be an expert, just join the fun and learn as you go.

ART/RICH POETRY ROUNDTABLE, A LITERARY CLUB

Tuesdays, August 1st, 8th, 15th, 22nd & 29th, 4:00pm 🏠 🗣️

The Art/Rich Poetry Roundtable welcomes readers of poetry who enjoy meeting with fellow lovers of poetry for lively discussion.

INTERMEDIATE FRENCH CONVERSATION: Thursdays, August 3rd, 10th, 17th, 24th & 31st, 11:00am 🏠 🗣️

Would you like to improve your French conversation skills? In this program we will have a weekly discussion on a wide range of topics. Alix Shearer (native French speaker and Shelter Islander) will facilitate.

THE BASICS OF PHILOSOPHY WITH WENDY TURGEON: Fridays, August 4th, 11th, 18th & 25th, 10:00am 🏠

Please join us for a philosophy discussion roundtable. Our topics will range from God, art, politics, mind, appearance/reality to truth. Anyone is welcome who would like to engage in Socratic dialogue on questions that get to the fundamental human experience.

You may register for all programs at www.silibrary.org.

PROGRAMS FOR CHILDREN AND FAMILIES

Please register for all programs on our website www.silibrary.org. Take & Make quantities are limited. Spaces are limited for all in-person programs.


ALL TOGETHER NOW - SUMMER READING PROGRAM - BEGINS SATURDAY, JUNE 24TH - ENDS SATURDAY, AUGUST 19TH

Jump into a good book with our Summer Reading Program! We're using the Beanstack app to keep track of our reading this year. Mystery Prize Boxes will be raffled off each week. The more you read the more chances you have to win! Please see Sara for more information.




FAMILY PROGRAMS

FAMILY GAME DAY

Wednesday, August 9th from 11:00-1:00pm 
Let's play games! We'll have some of our favorite giant lawn games out, the cotton candy and popcorn machines will be going, and we're ready to have fun.

COMMUNITY CHESS: All ages welcome

Every Saturday in August, 2:00pm 
Have you ever wanted to learn how to play chess? Or maybe you already know how to but need a few more people to play with? Come join us for Community Chess led by Johnny Dawson. Johnny is an accomplished chess player who knows the ins and outs of the game and is ready to pass on his knowledge.

EARLY CHILDHOOD PROGRAMS

SENSORY HOUR: Ages: 0-5

Every Tuesday and Wednesday, except Wednesday August 9th, 10:30am
Come to the library and enjoy some of our developmental toys and have fun with friends! Weather permitting, we will be outside under the tent.

SUMMER STORY TIME: Ages: 0-5

Mondays at 10:00am
Join Mary at the library for a super special summer story time.

SATURDAY STORY THYME AT THE FARMSTAND: Ages: 2-5

Every Saturday, 10:30am
Come join Sara at the Sylvester Manor Farmstand for story time! We'll read plenty of new and old favorite books.

BUBBLE HOUR: Ages: 2-5

Every Saturday, 11:00am
Bubble Hour is back! Weather permitting, we will be outside under the tent with our bubble machine, bubble wands, and lots of excitement!

FINGER PAINTING: Ages: 2-5

Saturday, August 5th, 1:00pm
Come paint with your friends! We're going to be creating amazing artwork with fun finger paints! This program will take place outside, weather permitting.

PAPER PLATE LEMURS: Ages: 2-5

Pick up your kit between Tuesday, August 22nd and Saturday, August 26th
This super cute lemur craft is guaranteed to put a smile on your face.

CROWN DECORATING: Ages: 2-5

Saturday, August 12th, 1:00pm
We're decorating our very own paper crowns. This is an easy activity that's bound to make you feel like royalty.

CHILDREN'S PROGRAMS

CRAFTERNOON: Ages: 6+

Every Monday in August
We're making crafts! Every Monday starting at 1:00pm we'll have a different drop in craft, perfect for a midday break from all your summer fun.

MARIO KART TOURNAMENT: Ages: 6+

Thursday, August 3rd, 1:00pm
Ready, set, go! We're playing Mario Kart! We'll have snacks available and it's guaranteed to be a fun, friendly, competition.

POPSICLE STICK SNAKES: Ages: 6+

Pick up your kit between Tuesday, August 8th and Saturday, August 12th
Looking for a fun, easy craft to do during these long summer days? This kit has everything you need to make your own movable serpent.

DIY PIPE CLEANER BOWLS: Ages: 6+ (adults also welcome)

Friday, August 11th, 1:00pm
Have you seen the bowl at the front desk made entirely out of pipe cleaners? Come to this program and you can learn how to make your own! This is a nice chill craft that uses weaving and the bright colors of pipe cleaners to make a fun bowl.

TIE-DYE: Ages: 6+

Tuesday, August 15th, 1:00pm
Let's make tie-dyed things! This is going to be a super fun day which can get a little messy so plan accordingly. If you have a favorite shirt or other item of clothing that you'd like to tie-dye feel free to bring it. We'll have shirts & other fun things available.

PAPER SPINNERS: Ages: 6+

Pick up your kit between Tuesday, August 15th and Saturday, August 19th
Learn how to make your own paper spinner, just like the one found on Sara's desk! This is a really easy craft that provides plenty of entertainment once you've completed it.

OREO TRUFFLES: Ages: 6+

Thursday, August 17th, 1:00pm
Back by popular demand we're making oreo truffles! These were such a hit last time that we can't resist making them again! They use oreos, cream cheese, and melted chocolate-yum!

DIY KALEIDOSCOPE: Ages: 6+


Tuesday, August 22nd, 1:00pm
We're making kaleidoscopes! Come make your own and be amazed by the shifting, swirling colors.



COOKIE DECORATING: Ages: 6+

Tuesday, August 29th, 1:00pm
Let's decorate cookies to celebrate the end of summer! The cookies will already be made, all you have to do is bring your creativity and we'll provide the rest. And yes, you do get to eat the cookies when you're done.

SUPER SMASH BROS. TOURNAMENT

Ages: 6+ 
Wednesday, August 30th, 1:00pm
We're having a Super Smash Bros. Battle! We recommend already having knowledge of the game before joining. We will have snacks and friendly competition.

TWEEN/TEEN PROGRAMS

DIY EARRINGS: Ages: 10+

Wednesday, August 2nd, 1:00pm
Ever wanted to make your own pair of earrings? Maybe you know someone who loves new earrings? Come join us!

VR AFTERNOON: Ages: 10+

Friday, August 4th, 1:00pm
Ever experienced virtual reality? Want to try it for the first time or come back to play some favorite games? We'll have a few different games you can try so come join us!

BLACKLIGHT PAINTING: Ages: 10+

Tuesday, August 8th, 1:00pm
We're painting but only under blacklights! We're going to create a super cool painting experience unlike any before.


NAIL ART: Ages: 10+

Wednesday, August 16th, 1:00pm
We're painting our nails. We'll provide the polish and a few ideas. You can paint your nails or your friend's nails! Come enjoy the AC and some fun painting.


MOVIE DAY: Ages: 10+


Friday, August 18th, 1:00pm
It's movie day! We'll be munching on popcorn and enjoying a flick with friends. Please see Sara for more information.


WIZARDFEST:

Ages: 10+ (Movie is rated PG-13) 
August 23rd, 24th and 25th, 1:00pm
We're watching a very famous movie trilogy featuring some very brave hobbits, an awesome wizard, and a precious ring. If that hint didn't give it away, please see Sara for more info. We'll also be eating themed snacks and making wizard cloaks! Day 1 will feature the first movie, day 2 the second, and day 3 will have the final film.

KEY:  = in-person outdoors

 = Zoom

 = Take and Make

 = Inside